

CLARIFYING YOUR WORK VALUES:

KNOWING WHAT'S MOST IMPORTANT TO YOU

Values are a set of standards that determine attitudes, choices, and actions. Mapping your value priorities can help lay important groundwork for making sound career decisions which fit your unique pattern of values, interests, and talents. Work-related values underlie our choices about work. Some people value creativity; other place a premium on salary or contributing.

Workplaces are becoming more collaborative, and people are increasingly looking not just for jobs, but for organizations whose values and culture align with their own. By the same token, the most effective organizations attract people who already share most of their key values. Discussing your values with a career counsellor or peer can help you to describe, identify, focus on, and choose work environments and positions which are the best fit for you.

Pick the top ten values most important in your work life for the next few years

WORK ENVIRONMENT	WORK RELATIONSHIPS	INTRINSIC VALUES	WORK CONTENT
Flexibility	Teamwork	Integrity	Challenge
Deadline pressure	Trust	Status	Leading
Surroundings	Cultural identity	Prestige	Competence
Time freedom	Caring	Achievement	Mastery
Security	Competition	Respect	Risk
High earnings	Cooperation	Responsibility	Leading edge
Action, fast pace	Humour	Power	Detail oriented
Structure	Harmony	Influence	Social activism
Relaxed pace	Autonomy	Appreciation	Learning
Predictability	Open communication	Helping	Excellence
Location		Belonging	Focus
Public contact		Equality	Creativity
Comfortable income		Independence	Variety
		Contributing	Growth
		Authenticity	Knowledge
			Control
			Adventure